



Ark-La-Tex
Health Center

Dr. Darrin Ashbrooks, M.D.
Supervising Physician
Dr. James Raker, D.C.
Director of Chiropractic Services
Matthew Brandon, FNP
Nurse Practitioner

07/02/26

Dear HLI Administration,

It is our privilege to pledge our support for the mission and vision of Healthy Lifestyles International (HLI). We are committed to partnering with HLI to improve the health, well-being, and quality of life of individuals and families within our community.

When referred through HLI, our clinic will provide the following services and benefits:

- Pain Management Services at a 10% discounted rate.
- Lifestyle Medicine and Functional Medicine Services for chronic health conditions at a 10% discounted rate.
- Regenerative Medicine Services at a 15% discounted rate.
- Referral services to appropriate community resources, including:
 - ❖ Mental Health Facilities
 - ❖ Hospitals
 - ❖ Rehabilitation Facilities
 - ❖ Job Placement Agencies
 - ❖ Vocational and Technical Schools

■ Auto & Workers Comp'

■ Headaches

■ Joint & muscle pain

■ Experienced & friendly staff

■ Diabetes & Blood Pressure Management

■ Most insurance plans & assignments accepted

■ For your convenience, we have

flexible payment plans

Open Monday-Friday

❖ Colleges and Universities

➤ Scholarship opportunities, when available, for qualified high school seniors, college students, and university students.

➤ Additional community support services as opportunities arise and resources permit.

We believe that meaningful partnerships are essential to creating healthier individuals, stronger families, and more vibrant communities. We look forward to working alongside Healthy Lifestyles International to expand access to quality healthcare, educational opportunities, and community resources for those in need.

Sincerely,


James Raker CEO